

# BOO

## Wake up!



HAVE YOU EVER FELT THAT THERE IS A HIGHER GAME PLAN AT WORK IN YOUR LIFE?

DO THINGS SEEM TO HAPPEN OUTSIDE OF YOUR CONTROL?

CAN YOU IMAGINE SUDDENLY FINDING AND UNDERSTANDING IN ABSOLUTE CLARITY WHY SPECIFIC PEOPLE, PLACES AND EVENTS KEEP SHOWING UP FOR YOU?

THEN BEING SHOWN HOW TO NAVIGATE IT, A KIND OF 'SAT NAV OF LIFE', SO THAT YOU CAN TAKE CONTROL OF YOUR LIFE AND CREATE TOTAL ABUNDANCE AND JOY!

### THIS IS WHAT HAPPENED TO ME...

**E**arly on in my journey I began to see that certain things in my life were repeating themselves over and over again.

Sometimes I would have a realisation and it would disappear momentarily, only to be replaced with a more extreme version. I had begun to understand, for example, that each time I became involved with a man, a deep rooted notion of self worth would arise. 'Am I good enough, beautiful enough, what would he see in me?' Where was this coming from? When I looked in the mirror I could see a beautiful girl smiling back at me, so why did this arise each time?

Having moved into my new house, shortly after my divorce, I began a program of building works. During this work all the parties involved began to dishonour me. The architect disappeared with his payment and the builders took their money upfront but didn't complete their contract. I was left with a huge bill, having to employ new workmen to complete the project. At the same time I was experiencing other 'friends' in my life who were taking from me and then disappearing. What was going on? I couldn't possibly be choosing for this to happen... or could I? There was no doubt that I had to be growing through this experience but what was it teaching me? Why was it that so much magic was

unfolding in my life and yet at the same time this was happening?

Oh, I knew for sure by then that, in every part of my life, I was thinking things and they were happening so instantly. I was magically creating my reality so quickly.

If I was choosing for this to happen, then I knew it must be for a really good reason and I must be in gratitude to these people who had shown up to facilitate this great learning. I wanted to understand what lay behind all of this. I knew somehow, there must be a greater game plan at work here which was driving me toward a higher purpose, perhaps towards the vision I had written about at the end of my first book 'The Sacred Quest'. I felt there must be a way to uncover this higher agenda at play that's when I met Nicolas David Ngan...

Nicolas helps others to connect to and discover their life purpose and move them into a place of empowerment to manifest their purpose. He uses different tools to help people understand an underlying game plan and work through their challenges to have a more fulfilled life. It was his work with Soul Contract Readings that first impacted me so greatly. It literally 'lifted a veil of illusion' for me. I was staggered at its accuracy and how it explained all that had been happening in my life that I had NEEDED to experience until

my great 'Wake Up' moment in Dublin.

I asked Nicolas if he could share with us the incredible impact that understanding your Soul Contract could have on your life and this is what he had to say...

"Your Soul Contract is a road map of your life, a kind of spiritual 'Sat Nav' which YOU choose before entering into this lifetime. Once you understand what your particular Soul Contract actually is, it can give you clarity on how to align to it and navigate your life's purpose, your reason for being here!

It sets out your overall life purpose, what you have come here to experience in this lifetime and why. It is programmed into your DNA from birth and creating your reality in every moment. It is literally attracting to you people, places and events to create what you have chosen to experience in this lifetime.

This context of experience is only here for you to overcome. Why would you set out a series of challenges and goals simply to overcome? Because it is through overcoming them that you re-experience how extraordinary and powerful you really are! You begin to re-experience your divine essence. Once you start to come into self empowerment through clearing the emotional issues that arise in working through your life, you are then able to make a choice to change your life, to begin to

realign it with your life purpose, thus creating a more fulfilling life.

To determine your specific Soul Contract, we use a system which converts your birth name into a series of phonetic Hebrew sounds. We extract the Hebrew numbers inherent within Hebrew letters to determine the challenges in your life, the talents you have to overcome them and then the underlying drives and dreams for your life. The net effect of all these energies produces the Soul Destiny or Life Purpose your soul desires to achieve.

Each Hebrew symbol is a unique sound of Creation. Each of the 22 sounds creates specific life experiences, which reveal the Divine Order in your life.

Once you have your road map, it can guide you to your ultimate destination, help you become conscious of the challenges you have set out for yourself, bring awareness of your innate talents to overcome these challenges and assist in guiding you through them to reach your destination.

When you begin to trust, everything can flow so much more easily and the magic of your life journey can truly unfold. For most people, the biggest challenge is often to surrender and embrace the unfolding events that follow. When fear is removed, your greater life purpose becomes clear.

People ask me 'How would I know whether I am aware of my life plan and aligned to it? What kind of areas in my life would I want to change if I'm not aligned with my purpose?'

### Here are some examples:

- Repeating patterns of events/people
- Fear of being seen and speaking out
- Indecisiveness
- Lack of self worth
- Debt
- Conflict with others
- No trust in the flow of life
- Relationships that don't work
- Lack of confidence and self esteem

“Your Soul Contract is a road map of your life, a kind of spiritual 'Sat Nav' which YOU choose before entering into this lifetime.”

They wonder 'How could understanding my soul contract potentially help me?'

- To confidently speak your truth
- Transform relationships that don't work
- Become open to receive in all areas (money, relationship, success)
- Attract like-minded people to you
- Experience great joy in life
- Install great confidence and self belief
- Understand who is in your life and why
- Live fearlessly, surrendering and trusting in the flow of life in every moment

From a tiny age we are conditioned to believe certain things and that life is happening to us instead of understanding WE are CREATING it. This conditioning runs so deep that we believe it until we finally have the courage to align with our own truth. Once we do so, we can move towards a more fulfilling experience each day. Our magical journey can unfold more easily."

For me, just a few of the amazing things that understanding my soul contract with Nicolas have brought me are fulfilling and

empowering relationships, clarity of my purpose, total conviction in speaking out and a great understanding of why certain people and events are in my life. This has played such a pivotal role for me in waking up!

To watch a ten minute interview of me with Nicolas exploring this further hop onto my blog page at my website [www.louiselangley.com](http://www.louiselangley.com) or visit my 'Boo! Wake up' YouTube channel.

For more information about Nicolas, please visit his website at [www.centerforconsciousascension.net](http://www.centerforconsciousascension.net)

I am running two Sacred Life Path retreats in April. One is in the UK and one in Cyprus. For those of you who would like to explore this please jump onto my events page at [www.louiselangley.com](http://www.louiselangley.com) Details of my upcoming events and books are there too.

