



“Boo....”



WAKE UP! ”

WOW.....now what does “BOO!” mean to you? Fun?.....

Oh yes, when we were little, didn't we all have great fun playing “BOO!”, hunting our friends in the dark , around the house and in the woods, and falling about in hysterical laughter at the moment we were 'Jumped' from the wardrobe or behind the tree. And what was the word that accompanied that great feeling of joy? .... “BOO!” by Louise Langley

What if your entire life was actually one great big wakeup call? .... One huge “BOO!”  
 What if, when you finally took notice of that “BOO!” an amazing and magical journey unfolded in front of your very eyes, a journey that had always been there ready for you to find? This is what happened to me just four short years ago. It is the incredible people and information that showed up along the way to assist me on my journey, which I want to share with you over the next 12 months. It is an exciting journey we take together now, YOUR journey, and along the way I am here for you to ask as many questions and to serve you

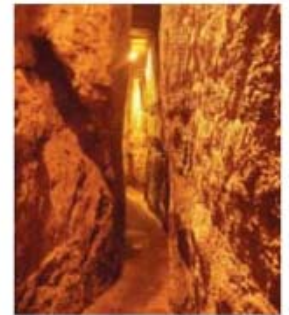
in any way that will support you to unfold your great magical adventure NOW!  
 'Where do I begin?' I hear you ask. Let me begin at my beginning: Have you ever felt caught in a trap, one that seems impossible to escape from? The world looks at you and believes you to be in an amazing position: lovely husband and family; incredible life style and yet deep inside you are wretched.... Somehow you know there is something far greater destined for you, something you cannot comprehend and your heart is screaming at you...  
 'Just please wake up and listen to me!' There is a truth burning in your heart and you just keep ignoring it ... until?

This is where it began for me just four years ago and yet, when it did begin, I had no idea that it was about to be such a magical journey. I had no idea that “BOO!” could create such joy!  
 It was December 2005 and I was standing in Edinburgh Castle, when a quite incredible other worldly experience happened to me. This led me to walk trance like to the base of a turret and place a ring from a glass case upon my finger. I had no idea at that time what the message etched upon that ring, written in an ancient script, meant. Nor could I possibly have imagined that it was about to propel me upon the most extraordinary journey, a journey which had all the

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people I loved and knew in that moment reeling in shock, as I walked away from everything and everyone to pursue a truth burning in my heart. From the moment I placed that ring upon my finger, everything began to break around me on a colossal scale. Things around my house broke, electrical equipment, windows, my car and I even had a freak accident smashing seven teeth.... Yes, you know, the kind of dream that is your worst nightmare!  
 Just six months later I was standing in Dublin castle with girlfriends on a balmy June evening, the early evening mist was rolling in across the splendour of the castle grounds. There was joy in the air all around us, music playing and in fact we were being serenaded by some lovely men. But, whilst all of that was happening, I was wretched inside of me. I knew that I had come to a point where, finally, I could no longer stay in my marriage. I found a dark and quiet corner of the castle, slumped to the floor, threw my head in my hands and pleaded with every part of my being for the man I had seen in my dreams for some years now to come to me. Within 3 hours, standing in a Dublin bar with my friends, the door of the bar opened and the very unusual looking man from my dreams walked in. As we looked into each other's eyes, it was as if lightning had struck. He walked back out of the bar, beckoning me to follow with his deep intense gaze. For the first time in my life, I truly did not hesitate for one moment in following the call of my heart above the chatter in my head which was telling me to stay firmly put. I walked outside where he was waiting for me. The 20 minutes we spent together that followed were the most extraordinary and catalytic of my life. Time stood still on that street as we both knew somehow that we had spent lifetimes together.... How could this be? Friends came out and pulled us apart, steering me away and along the road. I left him standing in the dark night, tears upon our faces, with no way of contacting each other. From the moment I got onto the plane and flew home to England, grief stricken, extraordinary things began to happen. It began with me feeling energy all around me, brushing my face gently, and tugging at my hands. I could not explain this! Everywhere I walked, light bulbs exploded, TVs and electrical equipment stopped working. Rare animals would appear in pairs out of nowhere and trails of hundreds of white feathers were

literally at my feet, as if laid out for me to follow. Everybody I had known, including my own children, seemed alien to me, as if they were characters in some kind of a movie I was watching. I felt no connection to them at all! Can you imagine, no connection to your own children? It took all of my courage to tell my husband that the marriage was over and yet, somehow, it took none. The only thing that rang true for me was to follow the call of my heart. It was as if I had finally heard the only truth that had ever been in existence.  
 I set off to Crete for the summer with my boys only to see the most amazing things continue to happen. In forty degrees of heat, a snowy white owl greeted us on the gate of house every day, and rose petals were laid out in the shape of hearts in the garden. Unusual coincidences began to occur, much to the amazement of many friends in Crete. Within just 3 months, I awoke in my home in England at 11.11 one night with the entire bones of a story in my head. I wrote through the night and by the morning, when I put my pen down (at 5.55am), I sat back shocked and astonished at what I had just written. Many of the words and terminology I had never seen before, neither did I know what they meant. But the biggest shock of all was that, from that very day, the story of the book literally became real. I became the main character and the story unfolded about me! Can you imagine, living out the story of the main character you had just written about?  
 What followed was nothing short of miraculous, a trail so full of codes, synchronicities, astonishing information that all sorts of people, scientists and other professionals that I met were astounded. I, too, was quite amazed by my sudden ability to refute scientific reports and write detailed information about things I had never even heard of or seen before. The most incredible thing was that evidence kept showing up to substantiate things I had written. Information that connected an ever intriguing and astonishing trail....  
 This journey of following the voice of my heart implicitly, has now seen me write and publish two books; appear on film and TV; create and run workshops; and speak all over the globe, from Australia to Antarctica. Along the way, I have been so blessed and privileged to meet and befriend some of the most incredible people, doing amazing things to change people's reality, who like myself, had experienced a “BOO!” moment to begin their own journey! For example, Lynne McTaggart, creator of 'What the Doctors don't tell you' and author of the international bestselling books, 'The Intention Experiment' and 'The Field', later wrote of me and my first book 'Louise is a very brave woman with an extraordinarily bold vision'.  
 This is the journey that I will be sharing with you over the next 12 months. I really



do mean it when I say that it is an exciting journey we take together now, YOUR journey, and along the way I am here for you to ask as many questions and to serve you in any way that will support you to unfold your great magical adventure NOW!  
 Each month I am going to bring people to you through these features, who can help you to unfold your amazing journey! Also, I will be posting regular videos for you to watch at my “BOO!...Wake up” channel on YouTube!  
 I have tips along the way to share with you and I invite you to write to me at info@louiselangley.com with all of your questions and requests. It is my intention to answer them all, through the pages of this article, through my blog page at www.louiselangley.com , or through my videos on YouTube! You are welcome to post comments on my blog page, so we can all share in our exciting journey together! I will also make sure you are aware of all the upcoming workshops and talks I am running, for any of you who wish to explore this in person with me!  
 Let's now take a wonderful and magical journey together over the coming months into the extraordinary and MAGICAL land of “BOO!!!!”  
 Louise A Langley, author of *The Sacred Quest* and *The Ahigweah Chronicles, The Flight of the Eagle*.



The Sacred Life Path Retreat with Louise Langley April 23rd - 25th 2010 Thalassa Conference Centre, Cyprus. For more information about Louise please visit www.louiselangley.com