



by Louise Langley

BOO WAKE UP!

Sometime into my personal journey of 'waking up', many amazing things were happening. Time seemed to have become faster and I noticed things I had written about becoming real in quite a spectacular manner around me. I now understood so much of my life purpose, I had realigned many of my inner beliefs, delved deeply into memories of past lifetimes and been stunned at the facts and healing that arose from doing all of these. Yet, I realised that sometimes I would so unexpectedly experience a moment of feeling completely 'stuck' when meeting somebody or something new. I would experience a feeling that didn't seem to have any relevance to that person at all. Why was that? I loved meeting new people! I was a life adventurer and delighted in any new experience. Could there possibly be parts of me, or even memories that I was carrying, that were making it traumatic for me to face a certain person or situation?

I began to wonder what else was at play here. Could it be that, in every moment, I was literally experiencing memories of things that had happened in other lifetimes, so real as if programmed into my every thought right now. If so, how was I possibly supposed to remove those memories so that I could be free to have new experiences now?

That's when I met Ahlmeirah Ariel Hallaire. Ahlmeirah helps people to remember who they really are and why they are here, through an amazing and unique process of love.

Ahlmeirah was a fully qualified practising GP for some years until, through her own personal journey of awakening, she came to understand 'Who she is and why she is here'. She realised that the conventional medical model merely focuses on healing symptoms in the 'physical body' and that part of her reason for being here was to help people to find themselves through a process of healing which would go beyond the medical model to include and heal all aspects of the energetic, emotional, physical and spiritual bodies. This process would address all aspects of ourselves that make up who we really are today, including memories from

Why, when life seemed so magical, would I suddenly come across people or situations that seemed so challenging to face?... For no particular reason!

Where was this challenging feeling coming from?

Imagine how I felt when I found out why, and how to 'fix it'. Imagine when I realised that fixing it also healed parts of my body I didn't even realise needed healing!

This is what happened to me...

other lifetimes and ancestral trauma. By clearing and healing all of these aspects of ourselves, it would be possible to become whole again.

I asked Ahlmeirah to share with us how clearing memories of other lifetimes through this powerful process could help us all in the process of 'waking up'. This is what she had to say...

"99% of people are not aware of how amazing they really are, of how incredible their life can truly be and don't know where to start from that feeling of being trapped, of feeling stuck and their bodies not feeling great. They become overwhelmed and frightened by the prospect of where to begin to heal their body and heart. What so many people don't realise is that it would take so little to change their life so radically and instantly, if they would simply have the courage to take a little look at what is happening. If they could just peel away some hidden layers and allow their true self with all its qualities and gifts to shine through, they could start to remove dis-ease. Disease is literally the feeling of being 'uneasy' with yourself and with life! Something is going on inside of you that you have not seen because you are not aware of it, or do not want to face it!

Things we do not want to face, but cannot understand why, are often traumas from this and other lifetimes, memories or ancestral programming that are deeply buried. These traumas and the associated feelings are so strong that they can literally 'play out' in a very real way in our life right now, making us respond to people and situations in an unexpected and irrational way. This can be so strong that you even consciously experience a fight within yourself as it's happening, or feel yourself responding with no control whatsoever!

I have always been very driven to empower people, which is why I initially entered a profession to assist people with healing themselves. When I realised that the medical model is only able to look at a tiny fraction of the healing necessary for the body, I began to search for a tool that could heal all areas of body, mind, heart and spirit and one that people could learn to use to heal themselves. I am passionate about people having the power to heal themselves and not being reliant on anyone else to have to heal them! It was with this in mind that I got together with some colleagues and our collective new healing modality of 'Divine Healing Master Key' was born.

Divine Healing Master Key is an extremely powerful tool that allows you to peel back layers of trauma that are occurring in many areas and remove it from your current experience. These areas include past lives, other lives, other realities, deep rooted memories, traumas, ancestral programming, toxins and addictions. Once removed, they are permanently gone! It is a wonderful tool to allow you to go at your own speed. Some people experience a rapid healing path and others take a much slower approach. It really doesn't matter about the speed at which you work with it. The simple fact is this: just peeling back one layer will radically and instantly affect your life and health in such a positive way!

How could Divine Healing Master Key potentially help me?

- * Remove fears and phobias
- * Heal addictions
- * Free up your life and give you more energy
- * Draw out your amazing qualities and strengths
- * Help you to find your true life purpose
- * Create relationships you really want
- * Create financial abundance
- * Heal disease and long term illness
- * Bring your body back to optimum health
- * Feel beautiful

Everyone is like a sun with amazing and unique qualities. When the clouds are in the way you can't quite see the beauty of the glorious sun behind them. Divine Healing Master Key is a fabulous tool for removing the clouds to reveal the sunshine! Simply removing one cloud, one layer in the way of your health reveals the real you! As you do so, whatever is perfect for you in this magical life of yours emerges and shines!"

For me, just a few of the amazing things that using Divine Healing Master Key have brought me are a great love of my true beauty and qualities, greater confidence in everything that I do, a deep peace with all that is happening around me and a greater state of unconditional love for both myself and others.

All of these have played a key role for me in 'waking up!'

How would you know that you have layers of things to remove?

- * Fears and phobias
- * Addictions
- * Feeling stuck
- * Depression/anxiety
- * Relationships not working
- * Money problems
- * Health problems
- * Feeling lost in life
- * Not knowing or remembering your sense of purpose



Online
To watch a ten minute interview of me with Ahlmeirah exploring this further hop onto my website, "Boo...Wakeup!" video page.

For more information about Ahlmeirah please visit her website centerforconsciousascension.net

Ahlmeirah is running her next Divine Healing Master Key course on 22 – 24th May 2010

If you missed out on last month's book by me 'The 7 Steps to Perfect Love' please jump on my website where you can receive one for free. Also, if you wish to 'Go deeper into love' please sign up for my free 7 day mini course www.stepstoperfectlove.com and at my site www.louiselangley.com

